

Using the Paddle Awards to Develop Confident & Competent Paddlers

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British Canoeing
Stronger Clubs
Conference

During the workshop we'll look at :

- **Provide you with an outline of each award and how it can be used by clubs to develop paddlers**
- **Share examples of good practice**
- **Look at ways in which clubs can develop the leaders and coaches to deliver the Paddle Awards**
- **Presentations, Resources, documents will be mailed out**

Paddle Awards



Paddle Awards: Designed to develop enjoyment, safety and skills for those new to Paddlesport. Enabling them to feel confident in their chosen craft in a sheltered water environment.

GO Paddling! Paddle Awards

START DISCOVER EXPLORE

Your journey into paddling

- Start Award**
Your first time on the water, having a go!
- Discover Award**
Developing your skills
- Explore Award**
Learning to make confident choices

The Paddle Awards are for those new to paddlesport. Enabling you to develop the skills to feel confident and safe on sheltered water in your chosen paddling craft.

Find out more: www.gopaddling.info

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Paddle Awards

- . What do you want them to do for you ?**
- . 3 Blockers /Hurdles that get in the way ?**



How these could be used...



**Paddle
Awards**

Start Award: First session on the water; learning useful skills & enjoyable paddling experience.

Starter/Taster
come & try session

Open day

Rafting experience

Hire / Guided Tour

START AWARD



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Discover Award : Developing practical & decision making skills

Discover Paddling Courses:

Intro courses/club sessions/programmes offering progression of skills
Work well for a programme of weekly sessions (4 - 6 weeks)



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DISCOVER AWARD





**Paddle
Awards**



Explore Award: Learning to make confident choices and become independent through individualised award.

Bespoke programme of activity to develop skills around independence

A keen fisherman has a sit on top and wants to fish from his craft safely. He asks a coach to show him effective paddling skills, how to get back on his sit on top and how to load his boat safely.

A young family have brought a canoe and want to have fun short trips along stretches of sheltered water. Between the family and coach, a session(s) is developed and specific boat handling, care of equipment, portaging and safety of themselves and their dog are covered.

EXPLORE AWARD



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Example

- **Start Award** We have always delivered the Start awards at the club and this year we have awarded 182. We run Induction days throughout the Spring and Summer months (April – September) as well as supporting the Go Canoeing week and various events including canal festivals, scouting group cadets Paddlesport sessions totalling a further 219 awards. A total of just over 400.
- We originally have created our own Start Award certificates for 2019 and now use the Go Paddling
- **Discover Award** Following the Start sessions this year. We have run 3 Discover Award sessions with a total of 22 participants.
- I have run the sessions as a one day course, utilising the old 1 Star syllabus as a guide. The difference I have embraced is to ask the participants what they want to learn about and introduced more free time to explore and discover for themselves their personal preference, providing gentle coaching when requested or required to overcome a particular task. The session concludes on the water with a vast variety of craft to experience;
- With plenty of fun and games throughout the day participants are more relaxed, less frustrated when they can't quite get it!
- We have 2 Discover Awards fully booked for May 2020 and will probably run a further 4 depending on the demand.
- We are keen to hear from anyone having run the Explore Award as I am keen to look to deliver next year.
- Three Key learning points Plan ahead and be organized Start sessions are fun

Who can deliver the Awards?



| Paddle Awards | Min qualification that can deliver the award | Minimum qualification holders that can work towards becoming a Provider |
|-----------------|---|---|
| Paddle Start | Any qualified Instructor/Coach/Leader/Raft Guide/Bell Boat Helm | NA |
| Paddle Discover | Any qualified Instructor/Coach/Leader/Raft Guide/Bell Boat Helm | NA |
| Paddle Explore | Min: BCU Level 3 Coach/BC (UKCC) L2 Coach/BC Coach Award | Min: BCU Level 2 Coach / BC (UKCC) Level 1 / BC Paddlesport Instructor |

All providers need to complete the Personal Performance Awards Provider eLearning.

eLearning costs £15, takes approximately an hour to complete

You will also receive the following upon completion: 3 Year CPD update, Assessor Training and Provider Pack.



Go Paddling Services and Support

Go Paddling website: Hub of knowledge for paddlers. Bespoke provider and activity listings built into the website allowing Go Paddling activity providers to be promoted.

Introductory Awards Scheme: Go paddling programme has been aligned with the British Canoeing Personal Performance Award Scheme.

Online Paddle Award certification: Ability for providers to certificate Start and Discover Awards electronically within a few clicks.

Provider Support & Guidance: A Go Paddling provider resource portal and quarterly newsletter. Providing access to poster and promotional templates, guidance documents and case studies showing the latest good practice and insight.

PaddlePoints: PaddlePoints is for paddlers new and experienced. It is free to access without an account, but creating one will allow you to map your own public and private routes. You will also be able to comment on others' points, upload images, store hazards, and create Personal Information Markers to receive updates about new routes and points on your favourite waterways.



British Canoeing
Stronger Clubs
Conference

Go Paddling week 2020

Dates 23rd May 31st May



British Canoeing
Stronger Clubs
Conference



GO 2020
GO 2020
TOKYO
東京

GO Paddling! WEEK

23RD MAY TO 31ST MAY

For events, activities and adventure ideas visit gopaddlingweek.info

The poster features a collage of images: a person in a yellow kayak, two people on a blue kayak, a person in a pink kayak, and a large orange torii gate in Japan. The background is a sunset over water.

Personal Performance Awards and the Scout Paddle Sports Activity Badge

Canoeing Personal Performance Awards have been mapped with the existing Scout Paddle Sports Activity Badge Scheme. If you achieve the Personal Performance Award, it would allow you to gain the relevant Scout Badge.



Personal Performance Awards and the Scout Paddle Sports Activity Badge

Paddle

Paddle Discover Award

Paddle

Paddle Explore Award



Rafting

Flat Water Raft Racing Award

Sea Kayak

Sea Kayak Award

Slalom

Slalom Explore Award

Stand up

Surf Kayak

Surf Kayak Award

Touring

Touring Award

White Water

White Water Award

Wild Water



Scouting Paddlesport Activity Permit Scheme and British Canoeing Qualifications and Awards



Canoeing



| | Open Inland B1 | Open Inland B2 | Open Inland B3-A | River B1 | River B2 | River B3-A | Sea B1 | Sea B2 | Sea B3-A |
|-------------------------|--------------------------------------|---------------------------------|--|--------------------------------------|----------------------------------|---|--------------------------------------|---|--|
| Qual. & County Assessor | Sheltered Water Canoe Coach | Open Water Canoe Coach | Open Water Canoe Coach (Advanced Water) | Sheltered Water Canoe Coach | White Water Canoe Coach | White Water Canoe Coach (Advanced Water) | Sheltered Water Canoe Coach | Open Water Canoe Coach with appropriate Sea experience | Open Water Canoe Coach (Advanced Water) with Sea experience |
| External Assessor | Sheltered Water Canoe Coach Assessor | Open Water Canoe Coach Assessor | Open Water Canoe Coach (Advanced Water) Assessor | Sheltered Water Canoe Coach Assessor | White Water Canoe Coach Assessor | White Water Canoe Coach (Advanced Water) Assessor | Sheltered Water Canoe Coach Assessor | Open Water Canoe Coach Assessor with appropriate Sea experience | Open Water Canoe Coach (Advanced Water) Assessor with Sea experience |



Kayaking

| | Open Inland B1 & River B1 | Open Inland B2 | Open Inland B3-A | River B2 | River B3-A | Sea B1 | Sea B2 | Sea B3-A | Surf B2 | Surf B3-A |
|-------------------------|--------------------------------------|--------------------------|---|----------------------------------|---|--------------------------------------|--------------------------|---|---------------------------|--|
| Qual. & County Assessor | Sheltered Water Kayak Coach | Sea Kayak Coach | Sea Kayak Coach (Advanced Water) | White Water Kayak Coach | White Water Kayak Coach (Advanced Water) | Sheltered Water Kayak Coach | Sea Kayak Coach | Sea Kayak Coach (Advanced Water) | Surf Kayak Coach | Surf Kayak Coach (Advanced Water) |
| External Assessor | Sheltered Water Kayak Coach Assessor | Sea Kayak Coach Assessor | Sea Kayak Coach (Advanced Water) Assessor | White Water Kayak Coach Assessor | White Water Kayak Coach (Advanced Water) Assessor | Sheltered Water Kayak Coach Assessor | Sea Kayak Coach Assessor | Sea Kayak Coach (Advanced Water) Assessor | Surf Kayak Coach Assessor | Surf Kayak Coach (Advanced Water) Assessor |



Bell Boat

| | Bell Boating | County Assessor | (Traditional) B1 |
|-------------------------|-------------------------|-------------------|---|
| Qual. & County Assessor | Bell Boat Helm | | Sheltered Water Canoe Coach Sheltered Water Kayak Coach Sheltered Water Canoe and Kayak Coach |
| External Assessor | Bell Boat Helm Assessor | External Assessor | Sheltered Water Canoe and Kayak Coach Assessor |



Rafting

| | (Traditional) B2+ | Qual |
|-------------------------|---|-------------------|
| Qual. & County Assessor | Open Water Canoe Coach (Advanced Water) Sea Kayak Coach (Advanced Water) | County Assessor |
| External Assessor | Open Water Canoe Coach (Advanced Water) Assessor Sea Kayak Coach (Advanced Water) Assessor | External Assessor |



White Water
Stadium Raft Guide (man made courses only)
River Raft Guide
River Raft Leader

Stadium Raft Guide Provider
River Raft Guide Provider