



British Canoeing Stronger Clubs Conference

Talent Development

Is your club creating the right environment for developing the potential of your young paddlers?

Charlie Barwis – Talent Club Partnership Manager



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My experiences



MILLFIELD



ENGLAND
GOLF



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Factors of Talent Development



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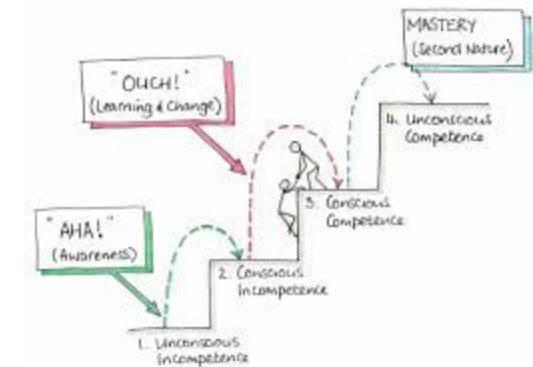
Task 1: Culture

How do you quantify athlete success?

Outcome/Results Based

No Sitting!

Process Based



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Task 2: Training & Competition

How do you develop training plans?

Individualised
Approach



No Sitting!

Generalised
Approach



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Task 3: Athlete Experience

What's your focus as a club?

Building Paddlers

No Sitting!

Building People



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Task 4: Communication

Who do you involve?

Athlete



Wider athlete
support team

1-to-1



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Task 5: Inclusion

Are your talented athletes
representative of your community?

Highly
representative



Not at all
representative



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How to develop this further

Club Talent Champion Self Diagnostic Tool

Please use this tool to assess the current provision for talented paddlers in your club. Be as honest and detailed as possible as this will allow you to build your plans for the future.

When using this tool try to look around your club with 'fresh' eyes.

1. Communication

- a. How does your club communicate with athletes about training programmes and competition schedules?
- b. How does your club communicate with paddlers and their parents about standards of behaviour and expectations when representing the club?
- c. How does your club communicate with parents/guardians of athletes about training programmes and competition schedules?
- d. How does your club engage and communicate with the athlete's school or college?

2. Culture

- a. How does your club create an inclusive, supportive yet challenging culture for developing talent?
- b. How does your club recognise an athlete's progression?
- c. How does your club promote balance between training and academic work?
- d. How does your club integrate new juniors and parents into the club?
- e. How does your club obtain feedback from parents about their child's training?

5. Athlete Experience

- a. How does your club obtain athlete feedback on their experience of the junior coaching programme?
- b. How does your club educate young athletes in key areas of knowledge including, anti-doping, nutrition, sleep, goal-setting, self-reflection, hydration, physical and mental preparation, mental well-being?
- c. How does your club expose developing athletes to positive role models?
- d. How does your club incorporate social activities for juniors athletes?

6. Club Environment

- a. Is your club providing equipment of an appropriate quality and quantity to meet the needs of the developing athletes?
- b. How does your club provide the water conditions suitable for meeting the developing athletes needs?
- c. Are you facilities and equipment for strength and conditioning suitable for developing athletes and do you have volunteers/coaches qualified/experienced to support safe strength & conditioning activities?

7. Competition/Training

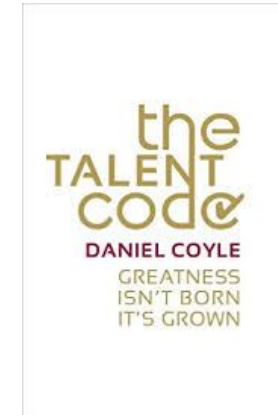
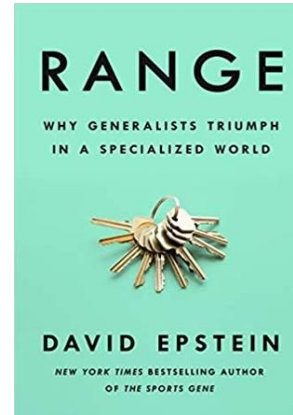
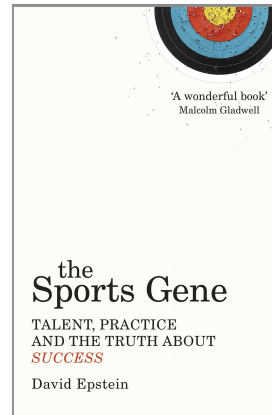
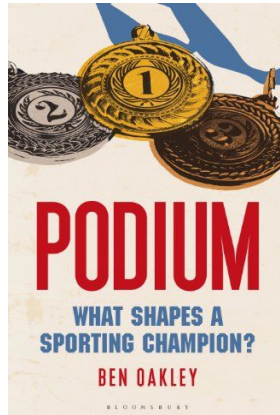
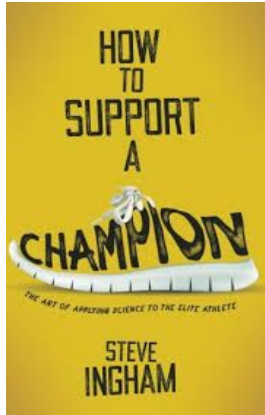
- a. What opportunities does your club offer to athletes to experience appropriate levels of competition?
- b. How does your club provide new environments to challenge the most talented paddlers in your club?
- c. How does your club provide opportunities to experience competition against

Further info

Great Reads



Great to listen



Useful Resource

