

Junior men & women crew boat development process and timeline

The British Canoeing Sprint International Panel is responsible for selecting athletes to represent GB at Championships and specified international competitions in accordance with the 2017 Sprint Racing Junior Selection policies. These can be found here:

<https://www.britishcanoeing.org.uk/olympic-paralympic/sprint-intro/>

This document explains how British Canoeing will decide the composition of the crew boats it will enter into the 2017 National Regattas under “National Talent Squad” (NTS), with the intention of creating the fastest possible boats to challenge for selection to represent Great Britain at the World and European Championships in 2017.

Athlete Inclusion in the process

Crew boat development is an evolutionary process. To create the fastest boat for the World Championships it is necessary to balance building confidence in a crew through consistent and effective training, ongoing assessment and crew changes.

The criteria which will be used to identify crew boat composition will include, but is not limited to and in no specific order:

- a) Availability for the crew training and competitions;
- b) Athlete compatibility with other crew members (technical, physiological, and psychological);
- c) Crew speed;
- d) Individual K1/C1 rankings from National Regattas;
- e) March 2017 profiling results
- f) Individual K1/C1 time trials (e.g. 300m or 400m to indicate power (speed) endurance capacity).
- g) Benchmarking performances (e.g. 6 x 1000m & 10 x 500m) to indicate fitness levels specific to an event.
- h) Power to weight ratio which indicates ability to help with a dynamic stroke and speed maintenance

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Athlete availability to attend crew boat training and development sessions will be a factor in deciding NTS crews. Athletes will be expected to make themselves available for training and assessment events necessary to develop crews capable of selection to the World and European championships.

Assessment/Training date	Purpose
<ul style="list-style-type: none"> April Regatta 	Results in K1/K2 & C1/C2 from this regatta will be used to invite individuals to the April crew boat camp
<ul style="list-style-type: none"> April 22nd – 23rd in Reading/Dorney crew boat camp 	Crews from this camp will be entered into the May regatta, athletes not selected for NTS boats are encouraged to form club crew boats
<ul style="list-style-type: none"> May National regatta 6th – 7th May 	Selection for Piestany regatta based on K1/C1 results (as per selection policy)
<ul style="list-style-type: none"> May National regatta 6th – 7th May Piestany Regatta 26th – 28th May 	Selections for the Junior European Championship Team (as per selection policy)
<ul style="list-style-type: none"> Training weekend – TBC if needed (10th – 11th June or 17th-18th June) 	Preparation training for the Junior Europeans Championship Team
<ul style="list-style-type: none"> Junior European Championships 22nd - 25th June July National regatta 1st – 2nd July 	Results used as selection for the World Junior Championships
<ul style="list-style-type: none"> 18th – 25th July World Junior Championship Preparation Camp 	Final preparation for the Junior World Championships
<ul style="list-style-type: none"> 26th – 30th July 	World Junior Championships

If you have any questions about this please contact Brendon Stead brendon.stead@britishcanoeing.org.uk for more information.