

GENERIC RISK ASSESSMENT EXAMPLE: PADDLESPORT

DATE -CARRIED OUT:

ASSESSMENT CARRIED OUT BY:

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments / review date
DROWNING	Paddlers Others	Wearing of buoyancy aid Instruction in capsize procedures Relevant supervision for novices Advised to keep away from river bank	Buoyancy aids tested annually Induction sessions for beginners and new members Supervisors to ensure buoyancy aid correctly fitted. Regular checks on equipment during the season.	
HYPOTHERMIA	Paddlers	Advised on the correct clothing to wear. Adjustment to clothing as required	Continuous dynamic risk assessment.	
SLIPS TRIPS AND FALLS	Paddlers, Parents Coaches & others	Regular maintenance of landing stages, river bank, steps and Club House floors	Appropriate cleaning/maintenance equipment available	

SPRAINS, STRAINS AND SOFT TSUUE INJURIES	Paddlers, Parents Coaches & others	Trained to lift correctly Ask for help Encouraged to paddle correctly	Ongoing training and regular checks of procedures Appropriate checks on storage facilities	
POLLUTION AND WATER QUALITY	Paddlers	Advised to bathe soon after immersion Made aware of flotsam	Risks higher in spate conditions. Avoid intentional capsizes in poor conditions	
OTHER RIVER USERS	Paddlers and other users	Paddlers instructed to be aware of other river users and how to take appropriate/avoiding action.	Informed as to possible other river users and location	
WEIRS AND MAN MADE FEATURES	Paddlers Coaches	Helmets to be worn when paddling in associated rough water.	Appropriate skill and awareness training	
OVER HANGING TREE OR STRAINERS	Paddlers Coaches	Paddlers advised to negotiate around trees, both overhanging and floating. Advised as to correct action in event of entanglement Appropriate tree management on site.	Regular checks as part of on-site maintenance Appropriate training for off-site visits	

Injury from traffic	Competitors / Officials / Public	Low Volume of Traffic Competition area has no public access Limited number of official vehicles Speed limits in operation		
Injury from Manual Handling	Competitors / Officials	There is minimal heavy lifting or difficult equipment for officials to move.		
PROPERTY & FACILITIES				
WEATHER AND ENVIRONMENTAL CONDITIONS				