

## Canoe Slalom World Cup Schools Programme (invited schools)

Lee Valley White Water Centre – Thursday 13 & Friday 14 June 2019

### Schedule

The schools programme will provide 180 young people aged 8-11 with the opportunity to attend a training or competition day at the Canoe Slalom World Cup, in addition to enjoying some kayaking on the flat water. The event will be free of charge for schools attending on the Thursday (due to this being a non-event day). Schools invited on the Friday will be required to pay £1 per ticket, with teachers free of charge. Schools attending on the Friday will also receive a visit at school from a GB athlete ahead of the event.

#### Schedule: Thursday 13 June 2019

Timings	Group A	Timings	Group B
12:30pm	Schools arrive	12:30pm	Schools arrive
12:30pm – 14:00pm	Flat water kayaking	12:30pm – 13:15pm	Watch event and tour of site
14:00pm – 14:15pm	Break/ Change over	13:15pm – 13:45pm	Robbie Lea Water Safety
14:15pm – 14:45pm	Robbie Lea Water Safety	13:45pm – 14:00pm	Break Break/ Change over
14:45pm – 15:30pm	Watch event and tour of site	14:00pm – 15:30pm	Flat water kayaking

#### Schedule: Friday 14 June 2019

Timings	Group A	Timings	Group B
09:00am	Schools arrive	09:00am	Schools arrive
09:00am – 10:30am	Flat water kayaking	09:00am – 09:45am	Watch event and tour of site
10:30am – 10:45am	Break Break/ Change over	09:45am – 10:15am	Robbie Lea Water Safety
10:45am – 11:15am	Robbie Lea Water Safety	10:15am – 10:30am	Break/ Change over
11:15am – 12:00pm	Watch event and tour of site	10:30am – 12:00pm	Flat water kayaking

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12:30pm	Schools arrive	12:30pm	Schools arrive
12:30pm – 14:00pm	Flat water kayaking	12:30pm – 13:15pm	Watch event and tour of site
14:00pm – 14:15pm	Break/ Change over	13:15pm – 13:45pm	Robbie Lea Water Safety
14:15pm – 14:45pm	Robbie Lea Water Safety	13:45pm – 14:00pm	Break/ Change over
14:45pm – 15:30pm	Watch event and tour of site	14:00pm – 15:30pm	Flat water kayaking

## Schools Info

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### Arrival Information

On arrival to Lee Valley White Water Centre schools must report to the temporary registration point which will be located under a British Canoeing gazebo on the grass in front of the lake (near the large beach). At this point a member of the British Canoeing Development team will be present to welcome schools onto site. Whilst registering schools will be asked to provide parental consent forms for all students taking part in activities on the water (more information below). It is essential that schools are on site by their pre-identified arrival.

### Parental Consent Form

All students must provide a fully complete Lee Valley White Water Centre parental consent form. It is important to note that students **will not** be able to take part in activities on the water if they fail to provide a parental consent form. Risk assessments will be provided by British Canoeing.

<https://www.gowhitewater.co.uk/media/2146/parental-consent-form.pdf>

On the consent form reference is made to a 'Safety for Water Users leaflet' and 'Safety and Risk Declaration form' – these will be sent in advance. Students with any health conditions must ensure that they bring any medication with them on the day (asthma inhalers etc.).

### Clothing

Students are recommended to wear the following:

- Long sleeved t-shirts/lightweight sweatshirts
- Lightweight trousers or full length leggings
- Closed toe shoes – no sandals or flip flops

Students must bring a towel. Buoyancy aids will be provided. No clothing should wrap around the neck, such as a Burka, as this creates a safety risk if trapped whilst doing activities on the water. All participants are required to remove watches and jewellery, including earrings and nose piercings. Glasses/spectacles must be fixed or tied.

Students will get wet during the kayaking and we are therefore asking all involved to bring at least one set of 'casual' spare clothes. It must be noted that there is a lack of shelter available on site and we therefore encourage students to dress appropriately for the weather on the day.

### Selection of Students

All students must be aged 8 years or older. This is non-negotiable.

### Parking

There is ample space on site to accommodate cars and mini buses – we will email you a parking pass closer to the event.

Thursday parking will be on the main venue site and Friday in the Showground adjacent to the venue.

For schools arriving by coach they can drop off in the car park inside the main entrance but are unable to remain on site. Please call your driver when you have finished for the day for them to come to collect the group.

### **Wet Weather**

In the event of wet weather the event will continue to go ahead as planned (students will get wet whilst on the water so it doesn't matter too much if it rains). The event will only be cancelled if there is a health and safety concern, for example, thunder and lightning in the surrounding area. Schools will be contacted on the morning of the event if this situation does arise.

### **Lunches and Refreshments**

There will be vendors, selling a range of hot and cold food/drink. Alternatively, students are more than welcome to bring a packed lunch to eat on site. There will not be anywhere for lunches to be stored on site, so students will either need to carry their lunch around with them or store in their mini bus/coach.

Please note due to the security each person may bring one small bag no bigger than 35cm x 40cm x 19cm into the venue.

### **Changing Rooms, Showers and Toilets**

There will be designated changing rooms in the main centre on the ground floor for schools that are part of the enhanced programme. Students/teachers will be required to wear wristbands which will grant them access to this accredited area. There are separate toilet facilities on the ground floor and first floor of the centre building along with a disabled toilet.

### **Photography and Filming**

All parents/carers will have to state whether or not their child can be photographed/videoed by completing a parental consent form. There will be event photography, with images used for publicity purposes, on the Lee Valley Park website and on social media, including Facebook and Twitter. Extra measures will be put in place for students that cannot be photographed.

### **Behaviour**

Teachers/Schools are directly responsible for the safety and discipline of students and must ensure that all comply with the following site safety rules:

- Do not cross the fence to the waters' edge - please keep to the paths
- Unauthorised swimming in the lake is not allowed
- There is no smoking permitted anywhere on site