



ANTI-DOPING QUESTIONS

Where can I find more information?

What if a substance is prohibited?

What is a supplement and are there any risks?

How can I check my medication?

IF I AM ILL CAN I TAKE ANY MEDICATION?

Who can be drugs tested?

Why is Clean Sport important?

WHO'S RESPONSIBILITY IS CLEAN SPORT?

Find out more

www.britishcanoeing.org.uk/anti-doping www.ukad.org.uk Download the Clean Sport App WHAT IF I DIDN'T KNOW THERE WAS A BANNED SUBSTANCE IN IT?